



Erasmus+ Youth Exchange

BE SOCIALLY (PRO)ACTIVE



START ACTING FOR CHANGE!

2-11.09.2024

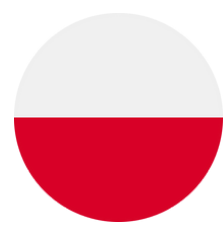
Sarajevo, Bosnia & Herzegovina

info pack



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PARTICIPATING ORGANISATIONS



Fundacja WYOBRAŹNIEJ (coordinator)



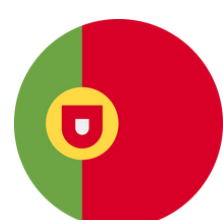
Bosnian Representative Association for Valuable Opportunities (main partner)



ENGELLERİ AŞIN DERNEĞİ



BITSI



Propósito Inadiável-Associação para Costumes Futuros



Jules Verne APS



Inspiration

BASIC INFORMATION

DATE: 2-11.09.2024 (including 2 travel days)

TRAVEL DAYS: 2.09.2024 and 11.09.2024

VENUE: BM International Hotel, Pijačna 2, Sarajevo, Bosnia & Herzegovina

PARTICIPANTS: 5 per country, including 1 leader (35 in total + 1 facilitator), gender balance is expected in the project



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TOPIC

This project aims to cultivate prosocial behavior rooted in responsiveness, mutual assistance, compassion, cooperation, and collaboration. Our focus will be on fostering empathy, understanding others, and above all, on discovering ways of active participation in social life. Its main activity (mobility) takes place in Sarajevo in Bosnia & Herzegovina.

Together, we'll explore what helps us stay active and pro-social, and we'll tackle the obstacles that might hold us back.

Our aim will be to develop solutions that empower you to make a difference in society, whether it's in your local community or on the international stage.

Also, we'll find out more about EU programmes and initiatives for young people.

#activism #prosociality #emphaty #engagement #culture #volunteering
#proactive #community #civil_society #organisations #awarenessraising
#EU #Erasmus+ #EuropeanSolidarityCorps

ACTIVITIES

- Learning through non-formal and informal education
- Brainstorming sessions, discussions, workshops, group work, video recording, role-play, improvisation, presentations, integration and ice-breaking games, reflections sessions
- Outdoor activities (e.g. visit to a museum)
- Preparation of Youthpass certificates

PARTICIPANT'S PROFILE

- is 18-30 years old (no upper age limit for leaders)
- is interested in the topic of the project
- is able to communicate in English
- has experience of working or being active with an NGO (considered as an advantage)
- newcomers to Erasmus+ are welcome!
- participants must commit to participate in all stages of the project (preparation, mobility and follow-up, including dissemination of projects results)



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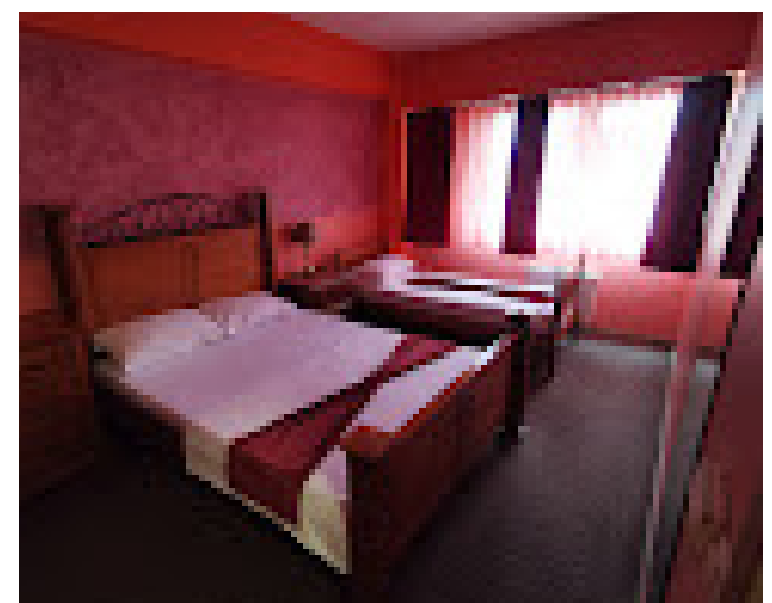


ACCOMODATION

- You'll be accommodated in double or triple rooms
- We will use a conference room and outdoor facilities for our activities
- The hotel will provide us with three meals per day and coffee breaks

VENUE

- BM International Hotel, Pijačna 2, Sarajevo 71000, Bosnia and Herzegovina
- The hotel is located on the main road between the city centre and the smaller downtown called Ilidža, with two tram stops just a few minutes away.
- More information about the hotel:
 - <http://www.hotelibm.com/bs/hotel-bm-international.htm>
 - <https://www.booking.com/hotel/ba/bm-international.pl.html>
 - [Google Maps](#)



Pics: BM International Hotel



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RULES

- Please send us your travel itinerary together with information about the tickets costs for our approval
- In order to be reimbursed for the travel costs, please keep all your travel documents, invoices, bills, boarding passes) - you'll be asked to send them to us after the end of the mobility. Please note that travelling by taxi is not refunded
- You can expect reimbursement within two months of the project end date
- You must have travel insurance for the duration of your mobility (not reimbursable by us). We'll ask you for proof of insurance before the project starts and on the arrival day
- You'll have to sign participation documents

YOUR TASKS BEFORE THE MOBILITY

- Participate in an online pre-departure meeting
- Prepare a group presentation for the cultural evening*
- Prepare a short note about a person from your country who is a role model for activism and prosocial behavior

*Share cool facts about your country, and don't forget to bring a taste of your culture with you! Show other participants your traditional clothes, teach us a dance, and let us try some of your food (e.g. snacks, sweets). Let's make these (inter)cultural evenings unforgettable!

YOUR TASKS DURING THE MOBILITY

- Actively participate in all activities
- Make and share photos, videos on your social media**

**Let others know that you're participating in the project and doing amazing stuff! Add some funky hashtags #erasmusplus #euyouth #youthexchange #prosocial and tag the organisations

YOUR TASKS AFTER THE MOBILITY

- Share project results
- Share photos and videos on social media
- Share educational videos and a booklet prepared during the mobility
- Participate in an online evaluation meeting
- Present information about Erasmus+ and European Solidarity Corps (and about our project) in your local communities (NGO, school, university, local cultural and youth centers etc.)



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TRAVEL REIMBURSEMENT

per person

 up to €275 (or up to €320 in case of green travel*)

 €0

 up to €275 (or up to €320 in case of green travel*)

 up to €360

 up to €360

 up to €275 (or up to €320 in case of green travel*)

 up to €275 (or up to €320 in case of green travel*)



*green travel - travel with low-emissions means of transport **for the main part of the travel**, such as bus, train or car-pooling



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CONTACT

Questions? Contact us at erasmus.wyobrazniej@gmail.com

Project coordinators:

- Hubert Wągrowski
- Tomasz Gac
- Jaśmina Markiewicz

Organisation contact details:

Fundacja Projektowania Zmiany Edukacyjnej WYOBRAŹNIEJ
Florentyny Luboińskiej 3A/28, 61-245 Poznań, Poland
NIP: 9721306685, KRS: 0000826843
wyobrazniej.com
fundacja@wyobrazniej.com

ALSO...

- Please let us and your sending organisation know in advance if you require language or other support. Do not hesitate to contact us about your special needs.

EXTRA ACTIVITY

- During the exchange, we will have an opportunity to do one extra activity - a visit to Mostar (around €18 per person to be paid directly to Bosnian leader) (6-hour trip, by bus). Take a look at the pictures online of this picturesque city full of history!



Pic: Google.com



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COORDINATOR

Fundacja Projektowania Zmiany Edukacyjnej WYOBRAŹNIEJ



The Foundation for Designing Educational Change WYOBRAŹNIEJ was established in February 2020 in Poznań, Poland.

Our initiative was sparked by lecturers, PhD students, and students representing the community of Adam Mickiewicz University in Poznań, particularly from the Faculty of Educational Studies and the Scientific Circle of Intercultural Education.

Our goals are to support young people in being creative and active citizens, promote new educational ideas and tools, and put them into practice in places where people might feel left out socially or professionally.

www.wyobrazniej.com

www.facebook.com/FundacjaWYOBRAZNIEJ

www.instagram.com/fundacjawyobrazniej

fundacja@wyobrazniej.com

MAIN PARTNER

Bosnian Representative Association for Valuable Opportunities



Bosnian Representative Association for Valuable Opportunities (BRAVO) is non-profit and nongovernmental organization. The things that make this organisation outstanding and ready to assume responsibility are core principles: tolerance, democracy, diversity, voluntariness and openness. Our teams are working in the following fields/topics: Human Rights, Anti-Trafficking, People with disabilities, Reproductive health and STDs, Gender Equality and Combating Gender-Based Violence, Sports on a daily basis, Audio and Video production, People with fewer opportunities, organising events, Entrepreneurship, IT and ICT, Technology, Humanitarian actions, National and International projects, Support in fight against Criminal and Corruption, Accelerating start-ups, Industry 4.0, Entrepreneurship, Project management, Refugee and Migrants, Creative Actions, but at the same time we are working on publishing books, brochures, newsletters, flyers, affiliations and other publications and a lot of others activities.

Our general target group is youth within the age of 15 to 35, but we focus on all people in need of help and our support. Bearing that in mind, we say that we care for people from 3 to 103.



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HOW TO GET TO THE VENUE



• IF YOU ARRIVE AT THE AIRPORT

The close proximity to Sarajevo International Airport is an advantage of staying at BM International Hotel. The hotel is located 3 km away from the airport (please see the location on [Google Maps](#)).

BUS + TRAM + WALKING

Centrotrans buses on the bus line Airport - Bašćaršija are operating. Please have a look at the schedule [here](#).

If you decide to take this bus, you can get off at the bus station called Nedžarići, then take a tram to the tram stop STUP and then walk for 5 minutes to the hotel.



• IF YOU ARRIVE AT SARAJEVO INTERNATIONAL BUS STATION

When you arrive at the international bus station in Sarajevo, you should take tram no. 4 - and get off at the 'STUP' tram stop. Then walk 5 minutes to the hotel. Please note that this line may not work due to the construction of the tram lines.

The second option is to walk to the tram station called Pofalići or Muzeji (5 minutes walk) - then take tram no. 3 in the direction of Ilidža and get off at the STUP or ENERGOINVEST stop (both 5 minutes walk from the hotel).



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CITY

Sarajevo the city where East meets West

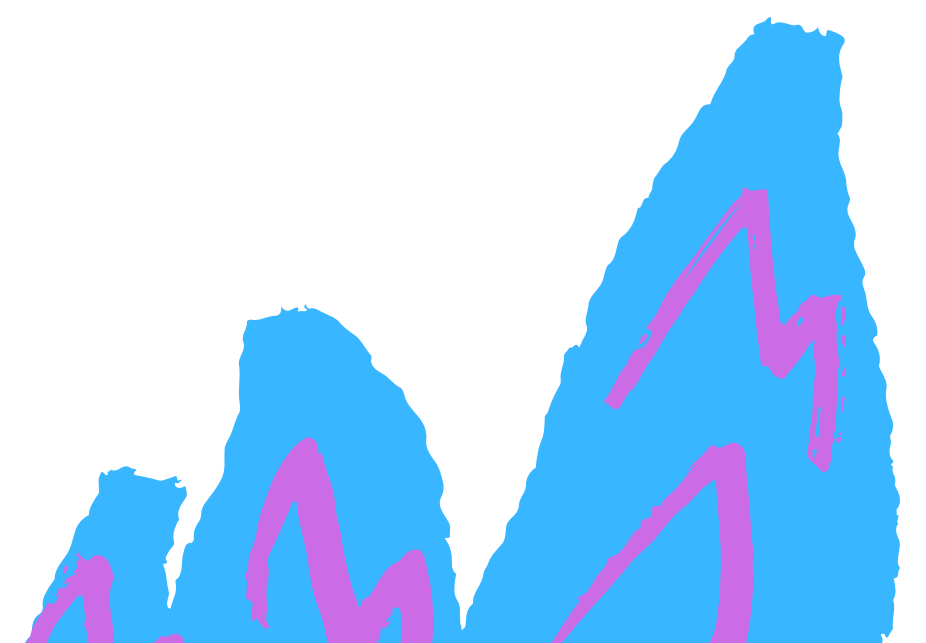
Its idyllic mountain setting and diverse heritage make Sarajevo one of Europe's most fascinating cities. But it is its indomitable spirit that makes it truly special. Although Sarajevo, the capital of Bosnia & Herzegovina, is a name inextricably linked with war and tragedy, the passage of 20 years has done much to heal this remarkable and resilient city, and tourism is now soaring. The reason is obvious. Sarajevo is beautiful. Nestled in a long, narrow valley and surrounded on all sides by forested mountains, almost every intersection and street corner offers at least a glimpse of an idyllic postcard setting. During the worst moments in the city's history, when its inhabitants were targeted by snipers, this dramatic geography proved to be a terrible drawback, but fortunately Sarajevo's spectacular natural beauty can once again be admired and enjoyed.



Pics: Google.com



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